



IgG4ward!

PAVING A PATH 4WARD

IgG4ward! Infusion Guidelines:

The following guidelines are general recommendations and do not replace medical advice from your own physician(s).

Always consult your healthcare team for personalized instructions regarding your infusion therapy.

1. Pre-Infusion Preparations:

• Laboratory Tests and Assessments:

- Ensure all required blood work is up to date.
- Review any recent imaging or disease-monitoring tests as requested by your healthcare provider.

• Medication Review:

- Inform your team of all medications and supplements to avoid potential interactions.
- Confirm with your healthcare team whether you need pre-medications (antihistamines, steroids) to help prevent or reduce infusion-related reactions.
- Also confirm if you should hold any medications, such as blood pressure medications, on the day of the infusion.

• Hydration and Nutrition:

- Stay well-hydrated the day before and on the morning of your infusion.
- Have a light meal or snack before your appointment to maintain energy and blood sugar.

• Allergy and Symptom Check:

- Report any allergies or health changes (recent infections, rashes) to your healthcare team before the infusion.

• Logistics

- Plan for transportation in case you feel fatigued or drowsy afterward.



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- Anticipate that there may be up to an hour of preparation time for your infusion (confirmation of your identity and the medication orders, drawing pre-infusion labs, inserting the intravenous line [IV], etc.).
- Allocate sufficient time for the infusion (which may be several hours) plus an observation period, which can last up to one hour.

2. Infusion Day Procedures:

• Check-In:

- Bring identification and any necessary insurance or payment information.
- Sign or review any required consent forms.

• Vital Signs and IV Access:

- Your care team will check vital signs (blood pressure, heart rate, temperature).
- The IV site will be cleaned and prepped to reduce infection risk. A nurse will start an IV line.

• Medication Administration:

- Infusions for IgG4-RD are generally administered via a pump or drip over a prescribed timeframe.
- Alert staff immediately if you experience discomfort at the IV site or any new symptoms.

• Monitoring

- Medical staff will monitor your vital signs at intervals.
- Report symptoms such as itching, dizziness or shortness of breath right away.

• Comfort Strategies

- Feel free to bring items – books, music, electronic devices, to help pass the time.
- Wear comfortable clothing and consider bringing a light sweater.



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3. Potential Side Effects and Immediate Management:

- **Mild Reactions:**

- Mild rash, itching or flushing can often be managed with antihistamines or by slowing the infusion rate.
- Fatigue or headaches may occur, rest and hydration can help relieve these symptoms.

- **Moderate to Severe Reactions:**

- Symptoms like chest pain, significant shortness of breath, severe swelling or rapid heartbeat should be reported immediately. Infusions may be paused or stopped.

4. Post-Infusion Care:

- **Observation Period:**

- You may be asked to remain at the infusion center briefly to watch for any delayed reactions.
- Staff may take your vital signs again before you leave.

- **Activity and Recovery:**

- Resume usual activities as tolerated but avoid strenuous exercise for the rest of the day if you feel fatigued.
- Rest as needed.
- Continue to drink plenty of fluids and maintain a balanced diet.

- **Monitor for Delayed Effects:**

- Check the infusion site for redness, swelling or pain over the next 24 hours.
- Contact your care team if you develop symptoms such as fever, chills worsening fatigue, or rash.

- **Follow-Up and Documentation:**

- Schedule your next infusion or follow-up as directed by your healthcare team.
- Keep a personal record of side effects or any changes in symptoms.